

Session1: Being Awesome

<https://vimeo.com/417771264/fea7d4394d>
<https://vimeo.com/417656736/fc9867214e>

Session2: Unlocking Your Mind

<https://vimeo.com/417770018/5702ee9a24>
<https://vimeo.com/417698746/02d606545d>

Session3: Dare to Take Risks

<https://vimeo.com/417771788/8dca5422fa>
<https://vimeo.com/417711113/1abec8674c>

Session4: Making the Change

<https://vimeo.com/417761916/8fd7253538>
<https://vimeo.com/417727709/9ea7153c17>

Session5: Lost But Not Lost

<https://vimeo.com/417759463/19a5f890f2>
<https://vimeo.com/417706824/e13a74fb52>

Session6: Bouncebackability

<https://vimeo.com/417761049/10b879cb89>
<https://vimeo.com/417692743/badc969508>

Session7: What is Normal Anyway

<https://vimeo.com/417760383/08affd3e83>
<https://vimeo.com/417742462/e3333f26a9>

Session8: Friendships & Fallouts

<https://vimeo.com/417762950/50f45d4575>
<https://vimeo.com/417733973/049dbf7873>

Session9: Living Well

<https://vimeo.com/417765235/57eb3ce58b>
<https://vimeo.com/417748450/4ede2b45cf>